

April



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Follow us on Instagram! Like us on Facebook!</p>						
	5:30 AM HIIT Cycle - Sam 8:30 AM Barre TBC - Peach 9:30 AM Step&Sculpt - Russ 6:15 PM Cycle - Mode' 7:00 PM Yoga - Kourtney	5:45 AM Cycle - Hannah 8:30 AM pilates - Susan 9:30 AM MusclePump - Russ 5:45 PM Zumba - Chanel 7:00 PM Pilates - Peach	8:30 AM HITT Cycle - Sam 9:30 AM Step&Sculpt - Russ 6:00 PM Cycle - Jessica 6:00 PM Zumba - Kasi	9:30 AM Pilates - Susan 10:30 AM MusclePump - Peach 6:15 PM Cycle - Mode' 6:45 PM Zumba - Stephanie	5:45 AM Cycle - Heather 8:30 AM HIIT Cycle - Sam 9:30 AM Yogaflow - Peach	9:00 AM CircuitBoxing - Amber 10:00 AM Butt&Gutt - Peach 11:15 AM Yogaflow - Peach
	1	2	3	4	5	6
8:30 AM Cycle - Mode'	5:30 AM HIIT Cycle - Sam 8:30 AM Barre TBC - Peach 9:30 AM Step&Sculpt - Russ 6:15 PM Cycle - MoDe' 7:00 PM Yoga - Melissa	5:45 AM Cycle - Hannah 8:30 AM Pilates -Susan 9:30 AM Muscle Pump - Russ 5:45 PM Zumba- Chris 7:00 PM Pilates- Peach	8:30 AM HIIT Cycle - Sam 9:30 AM Step&Sculpt - Russ 6:00 PM Cycle - Jessica 6:00 PM Zumba - Kasi	9:30 AM Pilates - Susan 10:30 AM MusclePump- Peach 6:15 PM Cycle - Mode' 6:45 PM Zumba - Stephanie	5:45 AM Cycle - Heather 8:30 AM HIIT Cycle - Sam 9:30 AM Yogaflow - Peach	9:00 AM Amber Attack - Amber 10:00 AM Zumba - Chris 11:15 AM Yogaflow - Peach
7	8	9	10	11	12	13
8:30 AM Cycle - Mode'	5:30 AM HIITCycle - Sam 8:30 AM Barre TBC - Peach 9:30 AM Step&Sculpt - Russ 6:15 PM Cycle - Mode' 7:00 PM Yoga - Kourtney	5:45 AM Cycle - Hannah 8:30 AM Pilates -Susan 9:30 AM Muscle Pump - Russ 5:45 PM Zumba - Chanel 7:00 PM Pilates - Peach	8:30 AM HIIT Cycle - Sam 9:30 AM Step &Sculpt - Russ 6:00 PM Cycle-Jessica 6:00 PM Zumba - Kasi	9:30 AM Pilates- Susan 10:30 AM MusclePump- Peach 6:15 PM Cycle - Mode' 6:45 PM Zumba - Stephanie	5:45 AM HIIT Cycle - Heather 8:30 AM HIIT Cycle - No class today 9:30 AM Yogaflow - Peach	9:00 AM CircuitBoxing - Amber 10:00 AM Zumba - Chanel 11:15 AM Yogaflow - Susan
14	15	16	17	18	19	20
8:30 AM Cycle - Mode'	5:30 AM HIIT Cycle - Sam 8:30 AM Barre TBC - Peach 9:30 AM Step&Sculpt - Russ 6:15 PM Cycle - Mode' 7:00 PM Yoga - Melissa	5:45 AM Cycle - Hannah 8:30 AM Pilates -Susan 9:30 AM Muscle Pump- Russ 5:45 PM Zumba - Chris 7:00 PM Pilates - Peach	8:30 AM HIIT Cycle -Sam 9:30 AM Step&Sculpt- Russ 6:00 PM Cycle - Jessica 6:00 PM Zumba - Kasi	9:30 AM Pilates - Susan 10:30 AM MusclePump - Peach 6:15 PM Cycle - Mode' 6:45 PM Zumba - Stephanie	5:45 AM Cycle - Heather 8:30 AM HIIT Cycle - Sam 9:30 AM Yogaflow - Peach	9:00 AM MusclePump - Lisa 10:00 AM Zumba - Chris 11:15 AM Yogaflow - Peach
21	22	23	24	25	26	27
8:30 AM Cycle - MoDe'	5:30 AM HIIT Cycle - Sam 8:30 AM Barre TBC - Peach 9:30 AM Step&Sculpt - Russ 6:15 PM Cycle - Mode' 7:00 PM Yoga - Melissa	5:45 AM Cycle - Hannah 8:30 AM Pilates - Susan 9:30 AM MusclePump - Russ 5:45 PM Zumba - Chanel 7:00 PM Pilates - Peach				
28	29	30				